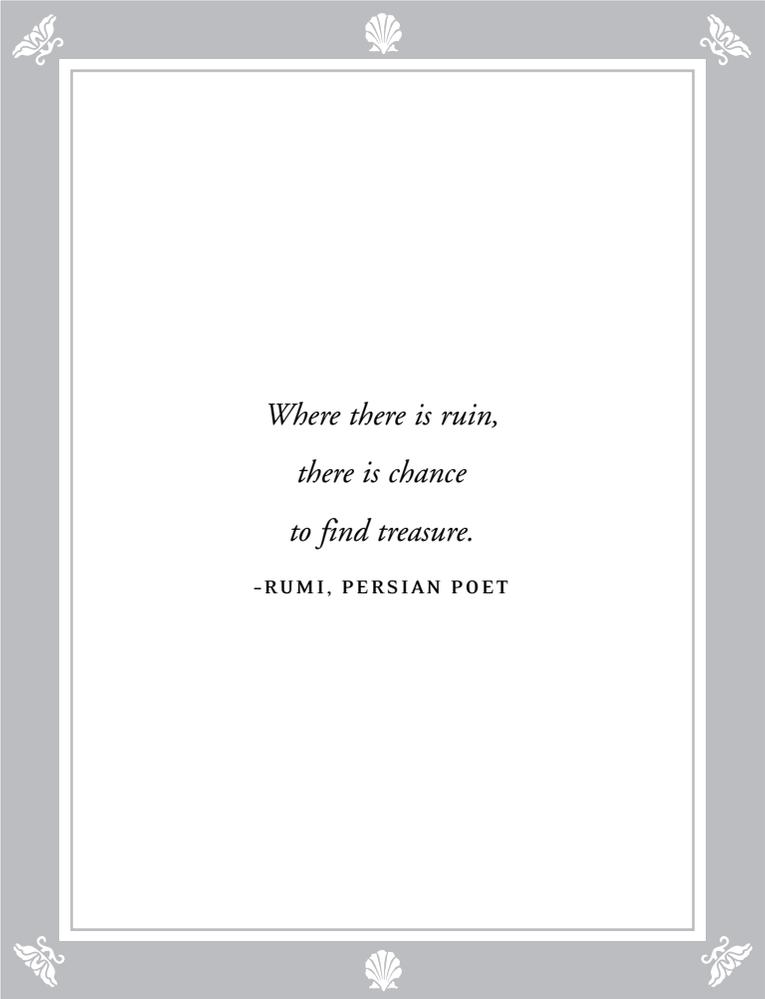




The Power of Forgiving

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*Where there is ruin,
there is chance
to find treasure.*

-RUMI, PERSIAN POET



The Power of

FORGIVING

EVERETT L. WORTHINGTON JR.



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Preface

Why people become fascinated with certain topics or ideas is sometimes a mystery. For many years now, I have been fascinated by the topic of forgiveness. I have thought about it, read about it, and written about it extensively. I have been on the receiving end of forgiveness and also on the giving end.

In my case, however, this fascination is far from a mystery. For I have experienced the many benefits of forgiveness, most notably its freeing power. And I have witnessed the same in others.

The need for forgiveness enters our lives as a result of some treasure that has been lost. But I have come to see forgiveness itself as a sort of buried treasure, one waiting to be discovered. Unfortunately, it is a treasure that not enough people set out to find.

In this brief volume, we will explore together the theme of “forgiveness as treasure.” We will examine some of the dynamics associated with forgiving others, forgiving God, and forgiving ourselves. We will look at the risks associated with choosing to forgive, as well some of the benefits, among which is the healing of fractured relationships.

I invite you to come along on this trek for buried treasure. I hope that, as a result, you will be changed, that you will come to a greater appreciation of this underestimated virtue as you encounter the power of forgiving.



The Power of Forgiving